



The following books are recommended reading for mothers who have had a previous cesarean operation and want to give birth normally the next time. This list has been recommended by the International Cesarean Awareness Network (ICAN).

1. A Good Birth, a Safe Birth: Choosing and having the childbirth experience you want. By Diana Korte, et al
2. Active Birth. By Janet Balaskas
3. An Easier Childbirth: A Mother's Guide for Birthing Normally. By Gayle Peterson
4. Baby Catcher: Chronicles of a Modern Midwife. By Peggy Vincent
5. Birth After Cesarean: The Medical Facts. By Bruce Flamm, M.D.
6. Birth Your Way. By Sheila Kitzinger.

All these books are available either through A1 books or Amazon.